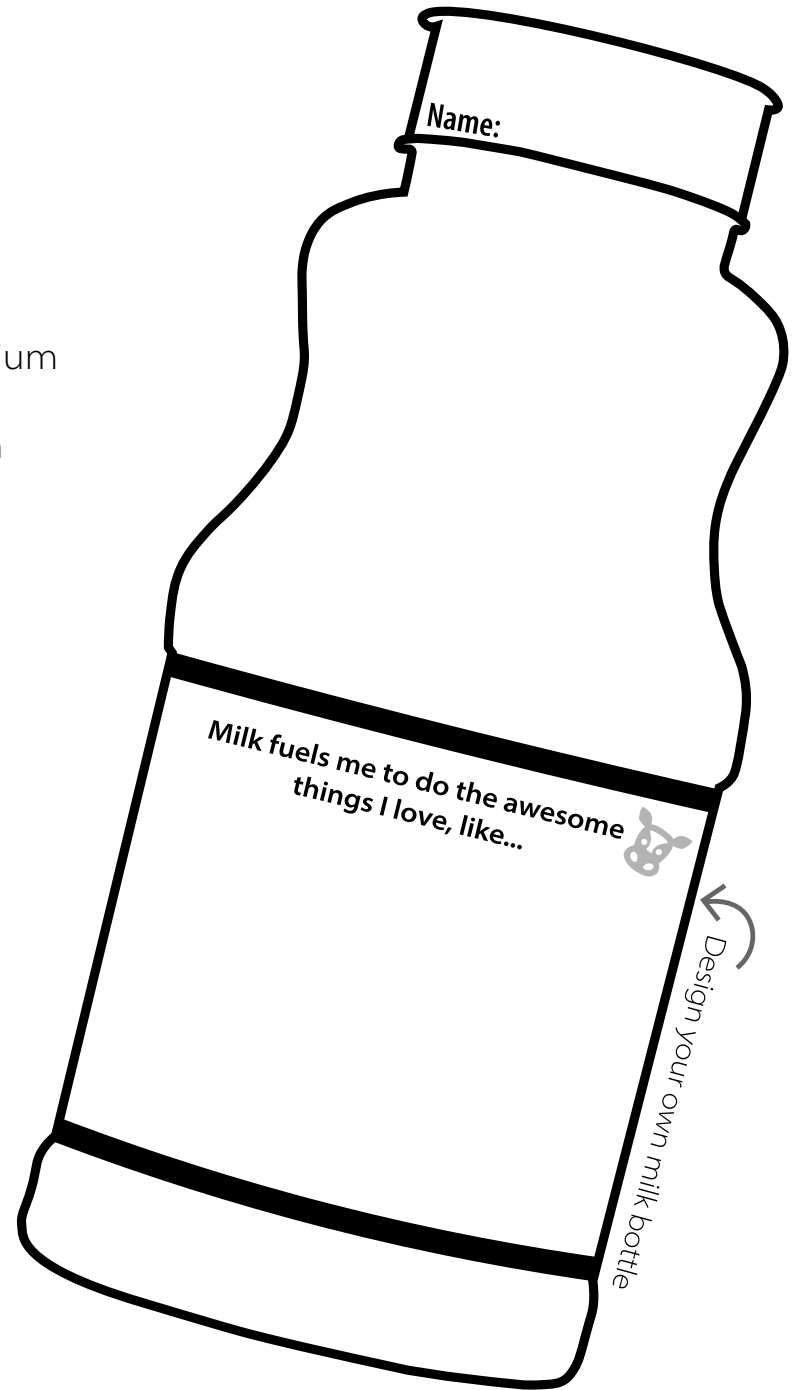


Dairy **milk** has...

1. _____ including potassium, magnesium, & sodium
2. _____ & _____ for strong bones & teeth
3. _____ to help you grow
4. _____ to help convert food into energy
5. _____ to help build and repair muscles

Word Bank:

Calcium	Electrolytes
Protein	B Vitamins
Vitamin A	Vitamin D



There's awesome inside everyone, all you gotta do is **milk it!**